

Harmony Dental Arts
1066 Clifton Avenue
Clifton, NJ 07013

harmonydentalart.com
Tel 973.777.2731
Fax 973.777.1077

Root Canal Post Operative Instructions

Refrain from eating for at least 2 hours and until the anesthesia has worn off to prevent possible injury to your lips and cheeks. This time interval will also allow the temporary filling to set to a reasonable hardness.

We expect your tooth to be sore to chewing and biting pressure so you should avoid very hard or chewy foods. This should gradually decrease within 7-10 days after treatment.

Be sure to take any antibiotic medication prescribed for you as it will help the area to heal. An analgesic may also be recommended for your comfort and can be taken as directed

To protect the tooth and keep the temporary in place, avoid eating hard and sticky foods (gum) and if possible, chew on the opposite side of your mouth. Continue to brush and floss normally..

If you have any of the following signs or symptoms please call our office 973-777-2731 as these complications do not occur routinely:

- A reaction to the prescribed medication
- Increasing tenderness or swelling in the area surrounding the tooth
- The temporary filling dislodges from the tooth
- The tooth fractures

A crown or other final restoration should be placed within a short time interval after root canal therapy is completed unless we have advised you otherwise.

